

BREAKFAST MENU

From 9am till 12noon

We believe that seasonality is the key to great food.

Growing our own vegetables and herbs on site in the Heide kitchen garden gives us the opportunity to share with you our community-minded philosophy of fresh produce.

Café Heide Fruit Toast 9.8

Toasted fruit bread, butter & your choice of jam (v) - Strawberry, marmalade, Heide honey, organic peanut butter

Acai Berry Bowl 22

Organic peanut butter, banana, fresh berries, granola crunch, seeds, activated berries, cherries & flowers (v, gf)

Savoury Waffle 24

Potato, thyme & chive waffle, confit duck leg, poached egg, orange sauce & crispy kale

Super Smashed Avocado 22

Smashed avocado, poached egg, crispy kale, pickled baby beets, feta, super seeds, puffed quinoa, sourdough (v,*)

Heide Big Breakfast 25

Roasted half tomato, bacon, Heide greens, potato hash, crème fraiche, chive scrambled egg, home-made baked beans, sourdough (*)

Quinoa & Black Rice Porridge 20

Spiced cinnamon scented quinoa & black rice, fresh & freeze-dried fruit, raw sugar, activated pumpkin seeds, micro herbs & flowers (v,gf)

Nourish Bowl 24

Pumpkin puree, avocado, grated raw vegetables, zucchini fritter, garden herbs, poached egg, herbed feta, lime, togarashi, sweet potato crisps, roasted beetroot, seed & pomegranate (v)

Eggs Your Way 12

Choose from fried, scrambled or poached served on sourdough (v,*)

Heide Benedict 24

Smoked salmon, poached eggs, chive hollandaise, Heide greens, sourdough (*)

A LITTLE EXTRA

Bacon / Avocado / Roasted Beetroot / Smoked Salmon 5.5

Whipped Feta / Sautéed Mushroom / Tomato / Baked Beans / Hash Brown 4.5

Extra bread/ Extra Egg/ Wilted Heide Greens/ Chive Hollandaise / 2.5

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LUNCH MENU

From 12 noon

SMALL PLATES

French Onion Soup 15

Gruyere toasted bread [*]

Hummus Plate 15

House made hummus, sweet paprika, olive oil, flatbread (v,*,vg)

Carrot Dip 15

Grated carrot, pomegranate, yoghurt, Heide honey, flatbread (v,*)

Warm Marinated Olives 12

House marinated mixed olives, flatbread (v, *, vg)

Sliced Meats 22

Chefs selection - Celeriac remoulade, toasted sourdough (*)

Iranian Fried Calamari 23

Smoked yoghurt, date puree, coriander and rose petals (gf)

Chunky Polenta Chips - Served romesco 15 (v, gf)

Bitter leaf salad 14 (v, gf)

Chunky chips 9.5 (v, gf)

SALAD PLATES

Thai Shredded Chili Duck 24

Green papaya, snow pea tendrils, tomato, mint, coriander, fried shallots, peanuts & chili jam (gf)

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The Heide Farro 22

Farro, baby beetroot, dill, gorgonzola, candied walnuts, Dijon, 20yr old balsamic dressing (v)

Pumpkin Salad 24

24 hour cumin roasted pumpkin, chickpeas, roasted peppers, rocket, pomegranate, freekeh, charcoal lime yoghurt, puffed wild rice (v)

Add to Your Salad 6

Smoked Salmon / Crispy Chicken / Jamon

LARGER PLATES

Confit Duck Leg 34

Duck breast, saffron confit potato, frisee lettuce, bacon lardons, crouton salad, red wine jus, caper mayo activated hazelnut vinaigrette (*)

Cannelloni 24

Roasted pumpkin, pine nuts, ricotta, brown sage butter, Parmigianino Reggiano (v)

Eggplant Parmigana 24

Buffalo mozzarella, parsley & basil crumb (v,*)

Roasted Pork Belly 32

Parsnip puree, scallop, shimiji mushrooms, pickled eschalots and apple (gf)

Braised Beef Cheek 32

Truffle peas, Dutch carrots, Paris mash, crispy prosciutto, jus (gf)

Rare Seared Tuna Lion 34

Sicilian pine nut caponata (gf)

Wagyu Burger 24

Wagyu beef patty (med), brioche bun, lettuce, tomato, mustard mayo, cheese, bacon, pickles and chips (*)

Crispy Chicken Burger 24

Crispy buttermilk chicken, bacon, brioche bun, pickles, jalapeno mayo, cabbage slaw and chips (*)

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SHARING BOARDS (for 2)

Heide Charcuterie Board 52

Served with carrot & hummus dip, warm olives , pickles, gherkins, sliced meats, celeriac remoulade, buffalo mozzarella, parsley crumb, flatbread (*)

Marinated Vegetable Board 46

A selection of marinated Heide garden vegetables, sundried tomatoes, basil, mozzarella & parsley crumb with carrot & hummus dip, fennel, radish & hazelnut, flatbread (*,vg)

SOMETHING SWEET

Please see our display cabinet for full selection

**Please advise our staff of any dietary requirements you may have*

*** Please note; we do not accept Dinners or AMEX*

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